

Table 9.2: All food items consumption and expenditure (average monthly per household) Sri Lanka –2006

Food item/Group	Unit	Quantity(Unit)	Values(Rs.)
All items			
<b>Cereals</b>		<b>39222.84</b>	<b>1216.25</b>
Rice - (Kekulu)	grams	17456.97	471.07
Rice - (Samba)	grams	6990.01	239.26
Rice - (Nadu)	grams	11213.24	317.81
Rice - (Basmathi)	grams	23.24	1.91
Rice flour	grams	328.58	16.56
Wheat flour	grams	2466.77	86.03
Kurakkan flour	grams	109.51	6.74
Ulundu flour	grams	17.25	1.58
Maize	grams	45.55	1.82
Samaposha	grams	41.68	7.92
Noodles	grams	323.44	32.48
Papadam	grams	148.74	23.82
Infants cereal foods /Malt etc.	grams	9.1	4.01
Barley	grams	1.82	0.43
Sago	grams	5.5	0.67
Corn flakes	grams	3.06	0.88
Other cereals	grams	38.39	3.25
<b>Prepared foods (outside )</b>			<b>992.91</b>
Bread (Normal)	grams	6717.54	287.09
Bread (Special)			8.43
Roasted Bread	number	0.84	5.30
Buns/ Spunchi	number	6.27	63.13
Hoppers	number	7.4	33.76
String hoppers	number	80.51	88.74
Pittu	number	1.12	9.81
Rotti	number	2.4	19.89
Thosai/ Itly	number	2.03	14.38
Rice (meat and vegetables)	number	1.26	90.96
Rice (fish and vegetables)	number	3.8	200.13
Rice (only vegetables )	number	2.08	84.34
Curry (meat)			5.56
Curry (fish)			13.63
Curry (vegetables)			7.33
Other prepared foods			53.95
Borders/Servants spent			6.48
<b>Pulses</b>		<b>2984.47</b>	<b>276.26</b>
Dhal	grams	2278.85	184.69
Green gram	grams	175.9	18.34
Gram	grams	191.88	23.73
Cowpea	grams	90.86	7.32
Soya	grams	29.26	4.44
Soya meat	grams	164.3	33.77
Other pulses	grams	53.42	3.97

Table 9.2: All food items consumption and expenditure (average monthly per household) Sri Lanka –2006

Food item/Group	Unit	Quantity(Unit)	Values(Rs.)
<b>Vegetables and leaves</b>			<b>673.77</b>
Ash plantain	grams	304	12.68
Brinjal	grams	830.49	36.10
Bandakka	grams	432.03	18.93
Bitter gourd	grams	284.26	16.23
Long beans	grams	605.41	25.95
Snake gourd	grams	324.27	12.51
Ridge gourd	grams	309.62	13.42
Sweet pumpkin	grams	912.59	29.21
Beans	grams	1446.99	97.58
Carrot	grams	610.26	42.69
Beetroot	grams	544.37	31.57
Cabbage	grams	495.61	26.36
Tomatoes	grams	285.83	18.26
Leeks	grams	427.95	26.76
Knol khol	grams	195.42	8.40
Capsicum	grams	266.09	18.45
Dambala	grams	101	5.69
Radish	grams	324.53	11.52
Drumstick	grams	481.35	22.09
Cucumber	grams	216.83	7.10
Kekiri	grams	298.31	7.55
Ash pumpkin	grams	22.85	0.79
Elabattu	grams	174.27	8.06
Kohila yams	grams	102.79	4.72
Lotus stems	grams	39.54	2.69
Plantain flower	grams	218.55	5.63
Ambarella	grams	180.48	6.43
Cadju nuts (raw)	grams	2.79	0.89
Mushrooms	grams	25.86	3.40
Polos			10.16
Other vegetables			12.33
Mukunuwenna	bundles	4.64	41.15
Gotukola	bundles	3.5	27.32
Kankun	bundles	1.32	13.41
Katurumurunga	bundles	1	9.35
Nivithi	grams	157.2	5.83
Thampala	bundles	0.19	1.87
Sarana	bundles	0.17	2.21
Kohila leaves	bundles	0.36	3.88
Onion leaves	grams	95.42	4.51
Cabbage leaves	grams	92.19	3.66
Other leaves			16.41
<b>Yams and other similar foods</b>			<b>188.76</b>
Jak and jak seeds			21.19
Bread fruit	number	1.23	18.66
Potatoes	grams	1659.61	125.18
Sweet Potatoes	grams	217.13	6.75
Mannioc	grams	605.47	13.24
Kiriala	grams	69.39	2.71

Table 9.2: All food items consumption and expenditure (average monthly per household) Sri Lanka –2006

Food item/Group	Unit	Quantity(Unit)	Values(Rs.)
Innala	grams	0.29	0.02
Other yams and similar foods	grams	29.14	1.01
<b>Meat</b>		<b>1240.65</b>	<b>304.86</b>
Chicken	grams	910.77	215.75
Beef	grams	234.62	58.75
Mutton	grams	17.79	9.10
Pork	grams	38.11	8.90
Sausages / Meat balls	grams	14.45	6.34
Other meat	grams	24.92	6.03
<b>Fish (fresh)</b>		<b>3349.4</b>	<b>695.24</b>
Balaya	grams	409.28	90.92
Seer	grams	30.54	13.45
Mora	grams	37.62	10.37
Paraw	grams	104.39	32.70
Thalapath	grams	133.87	50.24
Kelavalla	grams	366.47	105.89
Other large fish	grams	287.28	62.15
Sprats	grams	45.56	8.55
Hurulla	grams	370.43	57.84
Karalla/Katuwalla	grams	25.19	4.34
Kumbalawa/ Angila	grams	62.05	12.66
Salaya/ Sudaya	grams	284.99	37.52
Other small fish	grams	303.83	50.14
Lula	grams	25.1	4.13
Teppili/ Tilapiya/ Korali	grams	425.57	53.50
Other fresh water fish	grams	154.45	20.50
Prawns	grams	43.82	16.25
Crabs	grams	9.43	2.32
Cuttlefish	grams	11.7	3.19
Canned fish (Salmon)	grams	217.83	58.57
<b>Dried fish</b>		<b>1323.28</b>	<b>334.15</b>
Sprats	grams	590.12	127.14
Keerameen	grams	82.31	23.78
Salaya	grams	45.96	9.07
Hurulla	grams	38.2	7.42
Seer	grams	8.52	2.86
Katta	grams	71.49	29.00
Koduwa	grams	1.73	0.42
Anjila	grams	0.59	0.18
Balaya	grams	188.57	50.58
Mora/Keelan	grams	85.14	26.25
Paraw	grams	8.15	3.10
Anguluwa	grams	57.42	13.60
Prawns	grams	8.47	2.54
Cattle fish	grams	0.73	0.17
Fresh water dried fishes	grams	22.37	6.16
Jadi	grams	0.32	0.11
Other dried fishes	grams	113.17	31.75

Table 9.2: All food items consumption and expenditure (average monthly per household) Sri Lanka –2006

Food item/Group	Unit	Quantity(Unit)	Values(Rs.)
<b>Eggs</b>		<b>11.54</b>	<b>80.30</b>
Hen	number	11.52	80.03
Other eggs	number	0.02	0.26
<b>Coconuts (nuts and powder)</b>			<b>402.14</b>
Coconut (Nuts)	number	29.94	401.88
Coconut milk powder	grams	0.65	0.25
<b>Condiments</b>			<b>734.16</b>
Dried chilies	grams	216.75	39.42
Chilly powder	grams	413.16	93.72
Red onions	grams	932.07	62.39
Bombay (Big) onions	grams	2293.21	101.98
Garlic	grams	288.45	41.10
Maldives fish	grams	124.54	61.67
Pepper	grams	96.64	24.76
Turmeric/ Turmeric powder	grams	127.03	26.98
Curry powder (Sarakku)	grams	266.01	57.01
Green chilies	grams	491.96	46.80
Limes	number	12.25	27.27
Cumin seeds			8.47
Panel seeds			5.43
Coriander			10.51
Mathe seeds			11.11
Mustard			8.57
Goraka			17.72
Tamarind			10.51
Cinnamon			10.84
Salt			36.30
Curry leaves			21.64
Ginger			7.43
Vinegar			1.47
Other condiments			1.08
<b>Other packed, tinned or bottled foods</b>			<b>32.44</b>
Sauce			7.06
Marmite/ Vegemite			14.96
Soup cubes			5.86
Lime pickle			1.27
Chutney			0.37
Canned fruits			0.89
Other packed, tinned or bottled foods			2.01
<b>Milk and milk foods</b>			<b>767.25</b>
Cow milk	ml	377.63	13.08
Goat milk	ml	0.24	0.04
Sterilized milk	ml	13.77	0.85
Curd			31.65
Yoghurt/ Moru			31.02
Condensed milk	grams	8.64	4.23
Milk powder	grams	1451.75	578.80

Table 9.2: All food items consumption and expenditure (average monthly per household) Sri Lanka –2006

Food item/Group	Unit	Quantity(Unit)	Values(Rs.)
Infant milk powder	grams	95.02	48.50
Butter	grams	27.01	12.73
Margarine	grams	61.87	18.42
Cheese	grams	11.47	12.54
Milk packets (liquid)	number	0.32	5.53
Other milk and milk products			9.87
<b>Fats and oils</b>		<b>1528.58</b>	<b>162.96</b>
Coconut oil	ml	1430.55	147.75
Vegetable oil	ml	65.89	10.81
Gingerly oil	ml	3.08	0.98
Ghee	ml	0.38	0.10
Other oils and fats	ml	28.68	3.32
<b>Sugar, Juggery and Treacle</b>			<b>338.54</b>
Sugar	grams	5315.24	329.65
Juggery	grams	39.14	5.20
Treacle	ml	18.32	3.22
Honey			0.29
Other			0.17
<b>Fruits (fresh and dried)</b>			<b>310.26</b>
Banana	number	47.14	122.75
Pineapple	number	0.28	9.46
Papaw	number	2.46	65.45
Mangoes	number	1.16	11.81
Apple	number	0.99	20.02
Avocado	number	2.45	20.47
Wood apple	number	1.01	4.70
Oranges	number	0.34	4.97
King coconut/ Kurumba	number	0.59	6.99
Grapes	grams	17.96	7.32
Other fruits			20.70
Dates	grams	45.78	5.13
Cadju nuts	grams	9.71	2.81
Groundnuts	grams	30.26	4.95
Plums	grams	10.29	2.70
Other dried fruits	grams	0.15	0.04
<b>Confectioneries and other short eats</b>			<b>315.57</b>
Jam	grams	33.28	8.97
Ice-cream			41.09
Chocolates	grams	21.09	14.85
Toffees	number	4.28	5.33
Biscuits	grams	724.13	133.54
Jelly			2.34
Snacks packets	grams	24.53	5.23
Cake	grams	120.73	26.96
Kawum/ Kokis etc.	number	2.03	8.00
Muskets/ Kaludodol etc.	grams	12.83	2.64
Talabola/ Rulan etc.	number	1.24	3.51

Table 9.2: All food items consumption and expenditure (average monthly per household) Sri Lanka –2006

<b>Food item/Group</b>	<b>Unit</b>	<b>Quantity(Unit)</b>	<b>Values(Rs.)</b>
Cutlets/ Patties/ Wadei/ Pastries etc.	number	5.33	43.56
palmyrah products	number	0.13	0.47
Other confectioneries and short eats			19.07
<b>Beverages (non alcoholic)</b>			<b>279.69</b>
Tea dust/ leaves	grams	470.95	135.62
Coffee powder/ seeds	grams	26.33	9.04
Soft drinks			16.07
Fruit drinks/ Cordials			7.60
Saruwath	number	0.05	1.06
Milk Tea	number	3.57	41.36
Plain Tea	number	9.68	54.32
Milk Coffee	number	0.11	1.01
Coffee	number	0.05	0.47
Drink packets/ Ice packets	number	0.82	2.50
Gruel	number	0.32	3.17
Bottled water	number	0.05	4.35
Other non alcoholic beverages			3.11
<b>Liquor, Narcotic drugs and Tobacco</b>			<b>503.68</b>
Toddy			14.03
Arrack			182.32
Kassippu			30.78
Beer/ Stout			14.70
Whiskey/ Brandy			13.33
Gin			0.27
Wine			0.62
Other liquors			1.34
Drugs (Ganja, Heroin etc.)			0.15
Cigarettes	number	11.64	117.73
Cigars	number	1.43	2.96
Beedi	number	12.07	15.88
Pipe tobacco			0.07
Beetle leaves	numbers	52.84	32.31
Areca nuts	numbers	22.08	31.58
Tobacco (chewing)			14.67
Chunam			3.64
Bulathwita/ Sarawita	number	4.17	27.30